I understand that acupuncture is a form of therapy developed from traditional and modern Oriental concepts for health care. Acupuncture employs Oriental medicine techniques, diagnosis, treatment and adjunctive therapies for the promotion, maintenance, and restoration of health and the prevention of disease.

During my treatment, Dr. Gurusahay Khalsa of the GRD Healing Arts Clinic, will use sterile, disposable needles inserted in various places in my body for the purpose of balancing the flow of energy (Qi) in my body. My treatment may also include cupping, moxibustion, electrical stimulation, heat, herbs and other acupuncture tools that Dr. Khalsa will explain to me before performing the procedure.

As with any needling procedure, there is remote risk of, among other things, bleeding, infection, puncture of organs, nerve or spinal cord damage, fainting, or broken needles; by far, the most common “adverse” effects are superficial bruising, and a feeling of euphoria or lightheadedness during and after treatment. Although the risks of severe illness, trauma, or death are extremely remote, they do exist.

Possible contraindications and reasons not to administer acupuncture include pregnancy, bleeding disorders, current anticoagulant therapy and pacemakers. I recognize that these may be relative contraindications, but I understand that I must inform Dr. Khalsa and other staff members of GRD Healing Arts Clinic if any of these conditions apply to me.

Acupuncture generally has a cumulative effect, and often requires repeated treatments to significantly change or improve a condition. I am convinced that the use of acupuncture is in my best interest, but that no guarantees of results are being made or can be made by Dr. Gurusahay Khalsa and/or the GRD Healing Arts Clinic.

An acupuncturist is not licensed to practice allopathic (M.D.) medicine and therefore cannot practice allopathic medicine in the State of Georgia. Dr. Khalsa is a Licensed Acupuncturist in the State of Georgia and is not making a “medical” diagnosis of my disease or medical condition. Instead he is making a diagnosis based on time honored Traditional Chinese Medicine principles.

If I want to obtain an allopathic medical diagnosis and treatment, I need to see a licensed physician (M.D.) and seek medical advice from a licensed physician.

In light of the above information, I am agreeing to start acupuncture treatment at GRD Healing Arts Clinic and with Dr. Gurusahay Khalsa, and acknowledge the terms of this informed consent and fully understand the risks of undertaking acupuncture therapy.

I have carefully read and understood all the above information and have had all my questions answered to my satisfaction.

My name (printed) _________________________________

Signed ________________________________________

Today’s Date _____________________________________

Witnessed by ____________________________________